Resources for Adults whose Parent Died

**Memoirs**


**Grief Literature**


**Websites**

[www.bereavedfamilies.net](http://www.bereavedfamilies.net) Provides support for people who have lost any immediate family member by any type of death.

[www.griefnet.org](http://www.griefnet.org) Offers e-mail support groups for adults and children, as well as many resource listings.

[www.groww.com](http://www.groww.com) A nonprofit Internet site offering a wide variety of grief and bereavement resources, including chat rooms and message boards.

If you would like to talk with someone at Iowa City Hospice about your grief, please call us at (319) 351-5665 or 1-800-897-3052 or go to our website, [www.iowacityhospice.org](http://www.iowacityhospice.org).